

Perspectives on Mycotoxins in South African maize

WCA Gelderblom

**PROMEC Unit, Medical Research Council,
Tygerberg, Cape Town**

wentzel.gelderblom @mrc.ac.za



FOOD SAFETY

Food safety (Food Security/Product Quality Assurance) is an issue that is becoming increasingly important in national and international debates about agriculture, nutrition and health

Dr J Diouf (FAO Director General / FAO 1988-2000)

“Food safety is not a luxury of the rich, but a right of all people”
Africa - 17/22 countries: $\geq 35\%$ of population is undernourished

Economic losses

Food & feed losses: lower yields & foreign exchange earnings
Inspection, sampling & analyses of exports, imports, detoxification
- Research, training and extension programmes

MYCOTOXIGENIC FUNGI

Mycotoxigenic fungi - fungi capable of producing toxins

Mycotoxins – secondary fungal metabolites

Mycotoxicosis

– diseases caused by ingestion of foods containing mycotoxins (acute vs sub chronic effects)

Important Mycotoxins and Mycotoxigenic Fungi Associated with Food

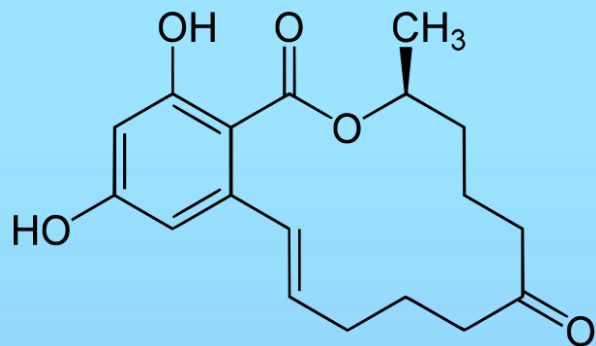
Aflatoxins – *Aspergillus flavus*, *A. parasiticus*

Fumonisin (FB) – *Fusarium verticillioides*, *F. proliferatum*

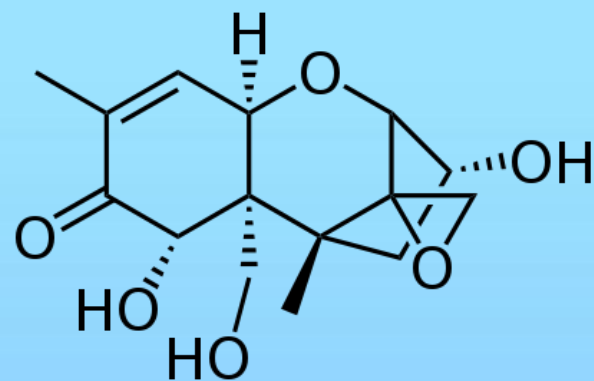
Deoxynivalenol – *Fusarium graminearum*

Zearalenone – *Fusarium graminearum*

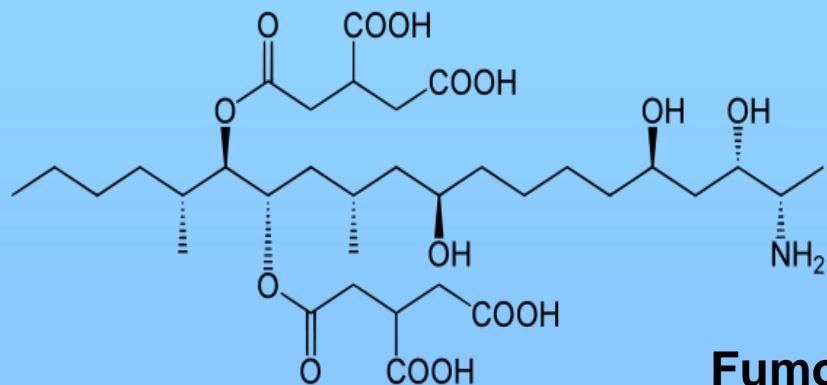
Ochratoxin A – *Aspergillus ochraceus*, *Penicillium verrucosum*



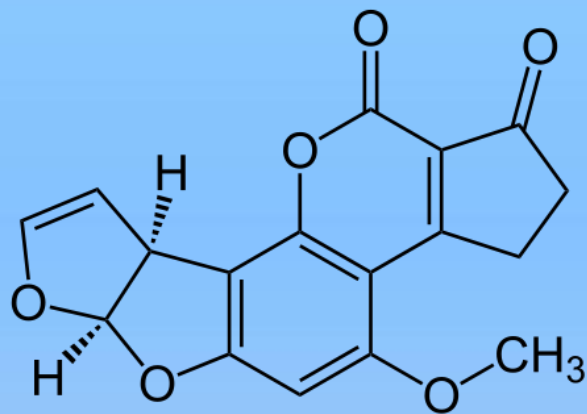
Zearalenone



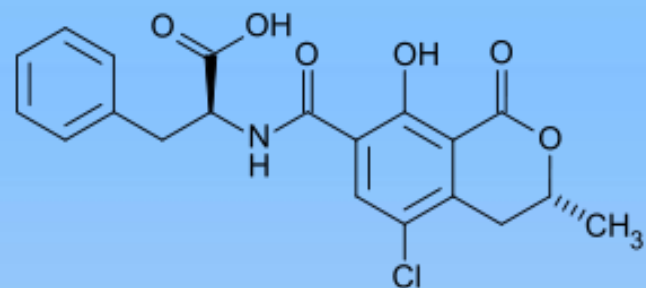
Deoxynivalenol



Fumonisin B₁



Aflatoxin B₁



Ochratoxin A

Deoxynivalenol

Feed refusal or reduced feed intake in pigs DON



Can cause acute poisoning in humans, where severe gastrointestinal toxicity is the primary symptom

Zearalenone

Nonsteroidal oestrogenic mycotoxin

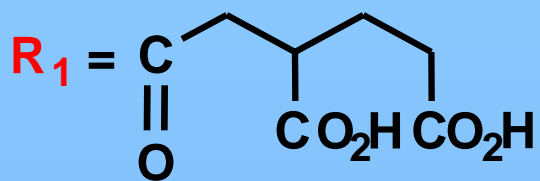
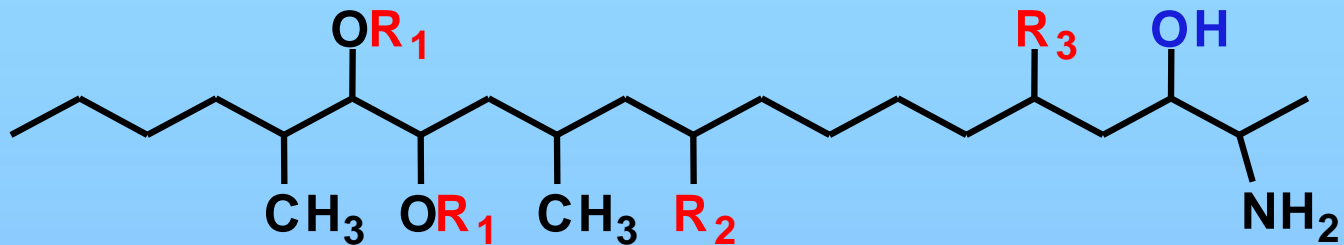
Greater relative oestrogenicity of α -zearalenol



Potential to act as an endocrine disruptor

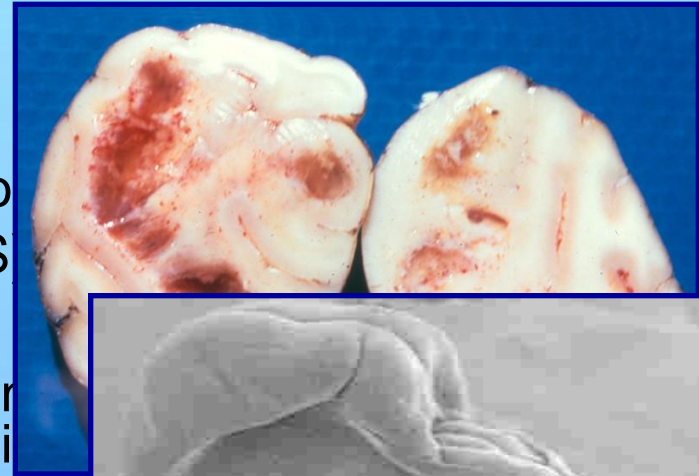
Early onset of puberty in Hungary and Italy

Fumonisin



	R ₂	R ₃
Fumonisin B ₁	OH	OH
Fumonisin B ₂	H	OH
Fumonisin B ₃	OH	H

Toxicology of Fumonisin



encephalo
drome (PES)
imals

cardiotoxic in
arcinogenic in
(TD) in mouse e



Toxicological of Fumonisin

In Humans associated with:

- (i) Oesophageal cancer: mainly in former-Transkei region & China
- (ii) Birth defects (spina bifida & anencephaly):
China, Texas-Mexico border, Guatemala, former-Transkei region
- (iii) Hepatocellular carcinoma in China
- (iv) Stunting ??? – gut function/immunity

Toxicological of Fumonisin

DNA damage ?
(Genotoxicity vs cytotoxic/proliferative)

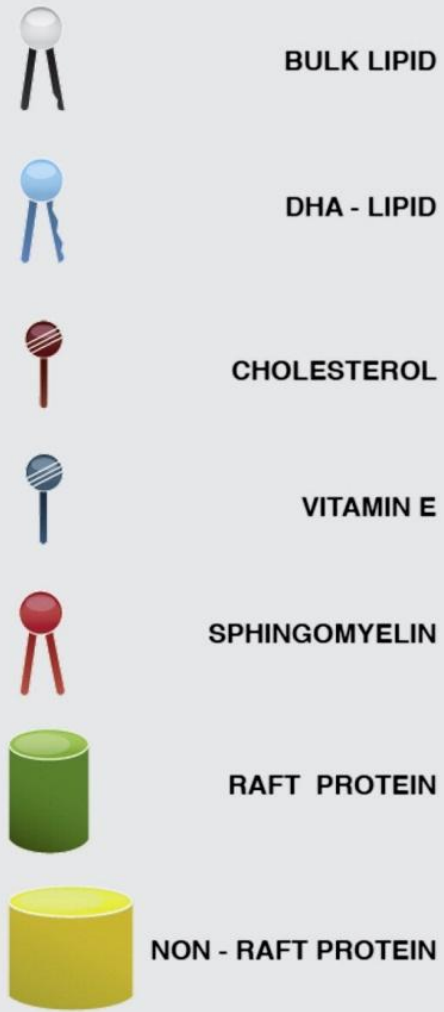
Genetic vs Epigenetic mechanisms

Threshold effects for toxicity and carcinogenicity

Disruption of membrane integrity (enzymes/receptors)

Modulation of signal transduction pathways related to apoptosis and cell proliferation

Lipid Rafts



Fumonisins



ARE HUMANS AT RISK ?

**TYPE 2B CARCINOGEN – IARC MONOGRAPH VOL 56
(2001)**

PMTDI for FBs of 2ug/kg bw/day - JECFA

PMTDI for DON of 1 µg/kg bw/day

PMTDI for ZEA of 0.5 µg/kg bw/day

Maize

Production Utilisation [Food]

2005

Metric tons

2002

USA

298 233 088

3 879 000

China

131 145 000

20 074 000

Brazil

34 859 600

3 701 000

Africa

41 610 637

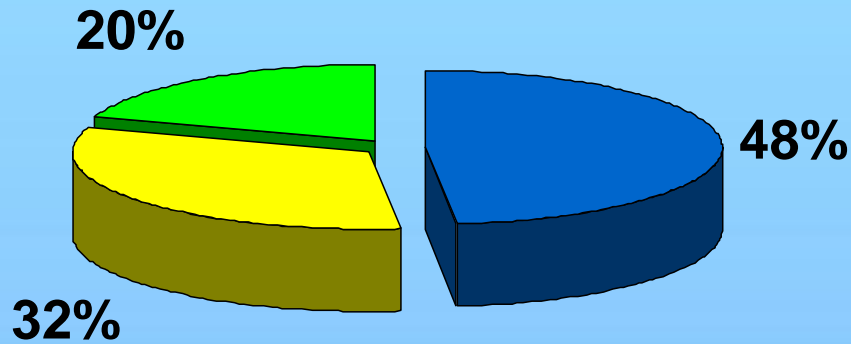
35 395 000

(RSA - 8 311 000)

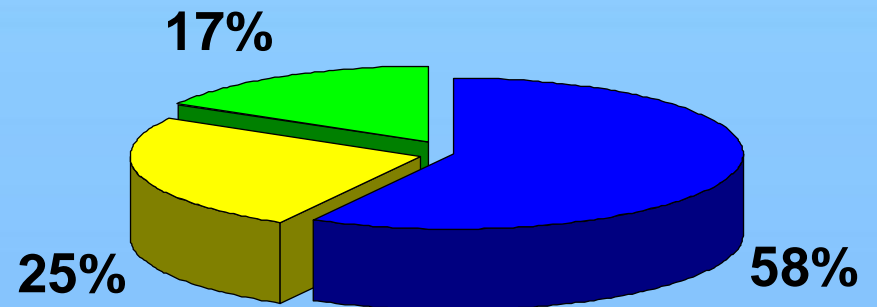
([HTTP://faostat.fao.org](http://faostat.fao.org))




Grain production in Africa

1961



2005



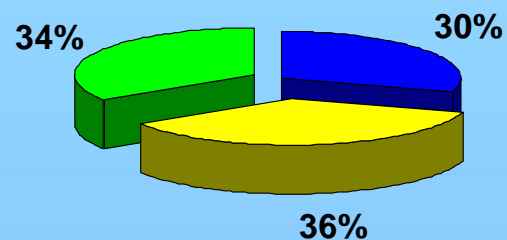
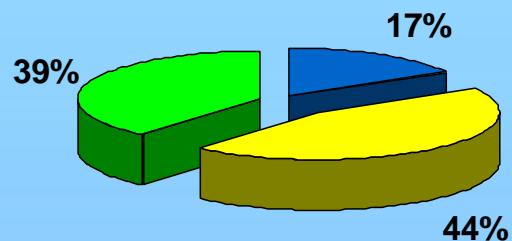
-  Maize
-  Sorghum
-  Millet

Grain production

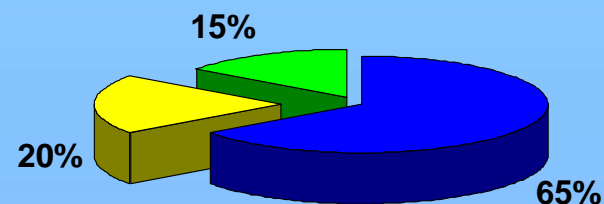
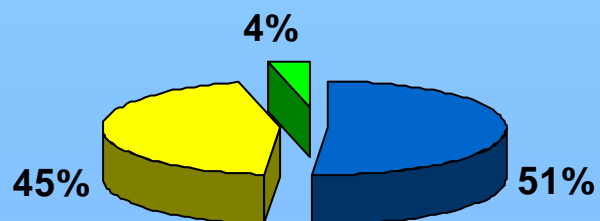
1961

West Africa

2005



Southern Africa



 Millet  Sorghum  Maize

([HTTP://faostat.fao.org](http://faostat.fao.org))

Fumonisin in maize (mg/kg)

	1990/91	1991/92	1994/95
Maize	0.33	0.25	0.40
Maize screenings	3.06	1.38	8.88
Maize bran	1.17	0.61	1.79
DFG	-	0.39	0.47
Unsifted mmeal	0.28	0.08	1.04
Sifted mmeal	0.28	0.40	0.67
Spes mmail	0.27	0.13	0.42
Superior mmeal	0.16	0.16	0.13
Germless products	0.10	0.13	0.43

FB₁ risk assessment

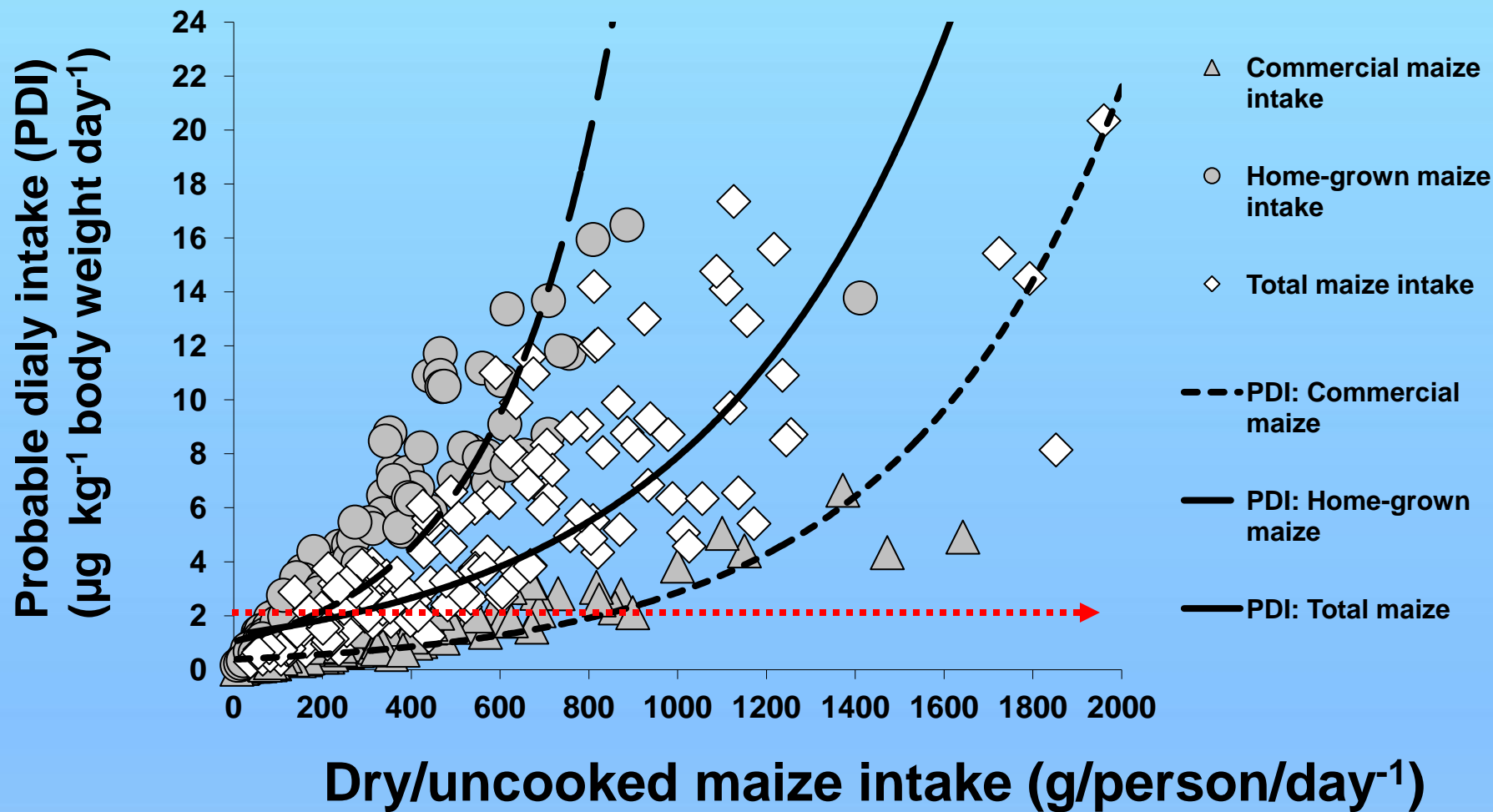
MAIZE INTAKE [g/person (60kg)/day]

FB (ppm)	10	50	100	150	200	400	500	PDI (µg/kg bw/day)
0.2	0	0.2	0.3	0.5	0.7	1.4	1.7	
0.5	0.1	0.4	0.8	1.3	1.7	3.4	4.2	
1	0.2	0.8	1.7	2.5	3.3	6.6	8.3	
2	0.3	1.7	3.3	5.0	6.7	13.4	16.7	
3	0.5	2.5	5.0	7.5	10.0	20.0	25.0	
4	0.7	3.3	6.7	10.0	13.3	26.6	33.3	

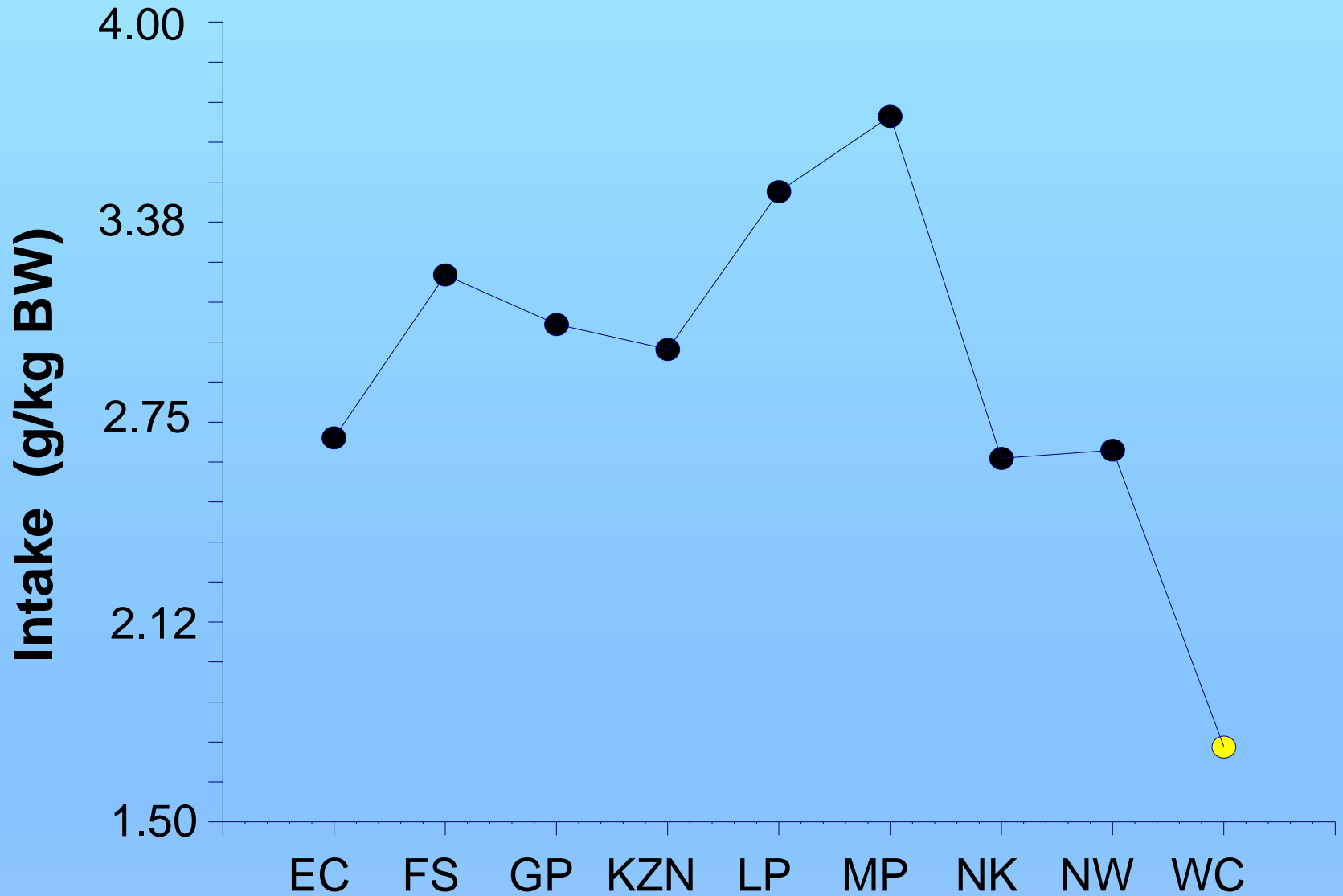
PMTDI = 2 µg/kg bw/day (nephrotoxicity)

PMTDI = 0.7/0.8 µg/kg bw/day (carcinogenicity)

Fumonisin exposure among people consuming both home-grown and commercial maize



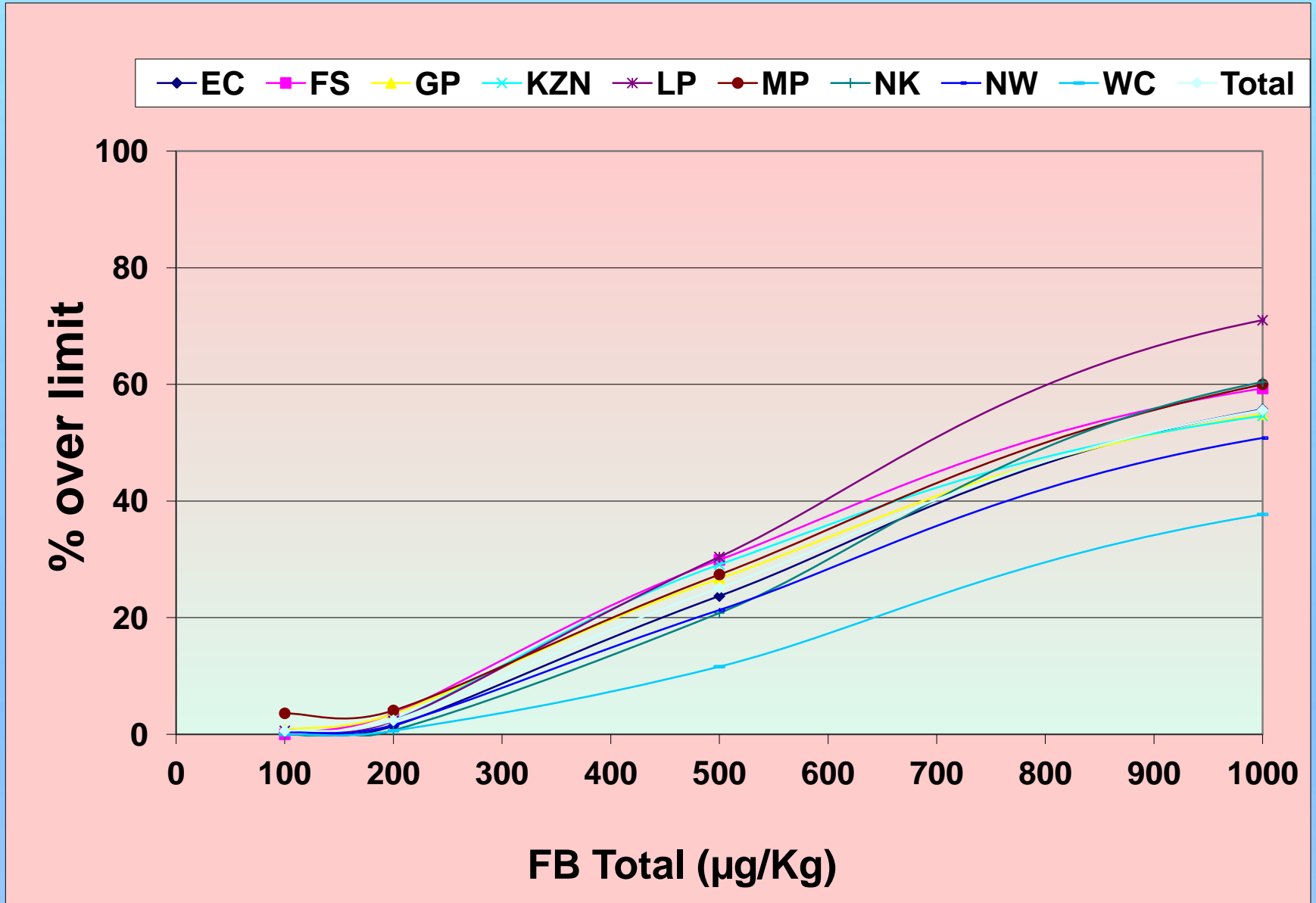
Means of Intake (g/kg BW)



EU – 10g/person/day

Province

Percentages over for different FB Total Levels by Province with cut-off 2ug/Kg

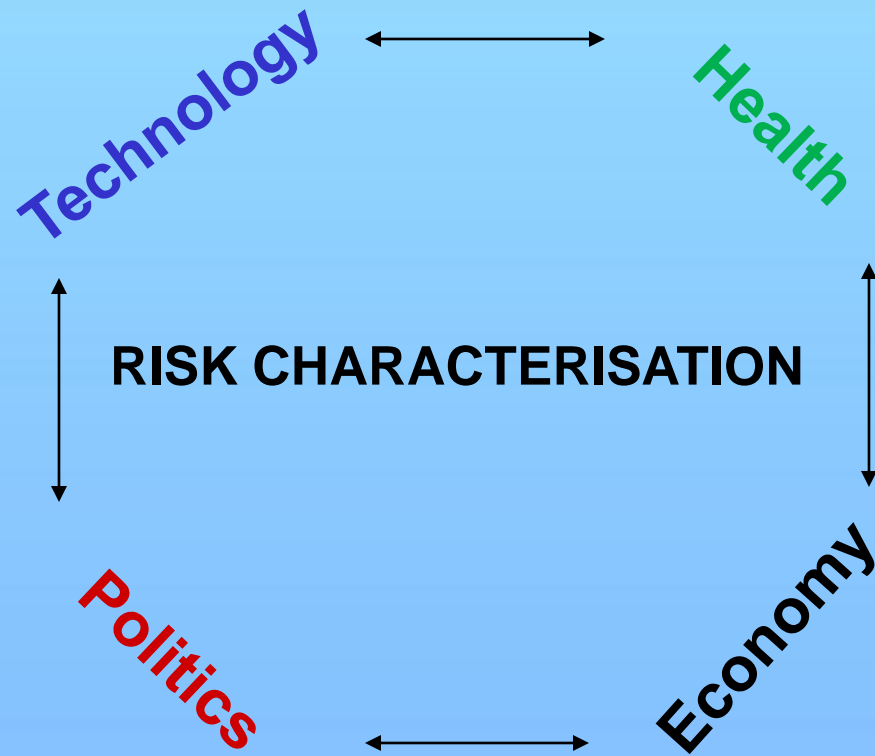


Mycotoxins

Control / Regulatory Applications

Regulatory measures are appropriate for export crops, but has little relevance in developing countries agriculture – particularly in the case of small-scale & subsistence farmers

Mycotoxin risk management



??? UNCERTAINTIES ????

MYCOTOXINS

Crop Losses in USA

**\$1.4 billion annually
(\$1.4 to \$2.4)**

Exports from Africa

EU regulations on AFB will cost \$670 million

MYCOTOXINS

Economic Impact

Peanuts

EU = 4 ug AFB/kg
(20 ug/AFB/kg)

\$1450 million

Maize

Worldwide = 0.5 mg/kg
EU = 2 mg FB /kg

\$300 million

\$100 million

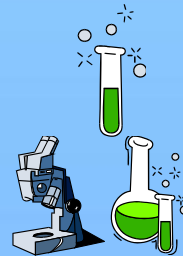
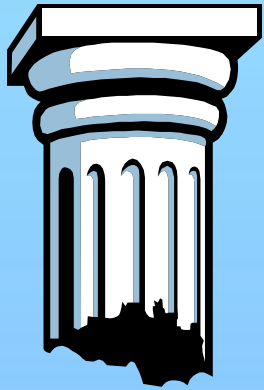
Ethanol production

3x FB concentration in DDGS

\$216 million (pig industry)

(Wu, 2004)

Risk



Mycotoxin intervention studies

Pre harvest - Biocontrol

- BT maize
- Resistant cultivars

Post harvest - physical methods
eg. sorting and drying

Biomarker interventions

Fumonisin intervention study

	FB (food) exposure ($\mu\text{g}/\text{kg}/\text{day}$)	Urine (pg FB ₁ / mg Creatinine)
Baseline	13.19	775
Intervention	2.94	376
Reduction	78%	51%

Acknowledgements

John Rheeder

Liana v/d Westhuizen

Gordon Shephard

Hester Burger

Hester Vismer

Hanneke Alberts

WFO Marasas

Sylvia Riedel

Funding: Maize Trust/MRC